

SUSPENSION SETUP



BIKE 2022

THUNDRA X E-MTB TRAIL

Fork: RockShox Recon Silver RL 29, 120mm

Follow RockShox Recon Silver RL 29 recommended settings on the bottom right back side of the casting. Mondraker recommended RockShox Recon Silver RL 29 fork settings based on rider weight and E-MTB Trail application:

SAG		RECOMMENDED SETTING	
RIDER WEIGHT	AIR PRESSURE	CLICS OUT FROM FULLY CLOSED	
lbs / kg	psi	LSC	LSR
<121-128lbs / <55-58 kg	55	open	5
129,8-136,4lbs / 59-62 kg	60	open	5
138,6-145,2lbs / 63-66 kg	65	open	5-4
147,4-154lbs / 67-70 kg	70	open	5-4
156,2-162,8lbs / 71-74 kg	75	open	5-4
165-171,6lbs / 75-78 kg	80	open	4-3
173,8-180,4lbs / 79-82 kg	85	open	4-3
182,6-189,2lbs / 83-86 kg	90	open	4-3
191,4-198lbs / 87-90 kg	95	open	3-2
200,2-206,8lbs / 91-94 kg	100	open	3-2
209-215,6lbs / 95-98 kg	105	open	3-2
217,8-224,4lbs / 99-102 kg	110	open	2-1
226,6-233,2lbs / 103-106 kg	115	open	2-1
235,4-242lbs / 107-110 kg	120	open	2-1
244,2-250,8lbs / 111-114 kg	125	open	1
>253-319lbs / >115-145 kg	130	open	1

*Suggested fork sag 20%

These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions.